



Teen



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CELEB FOOD

biking for breathing

Anya, 14, and Yvonne Eber, 12

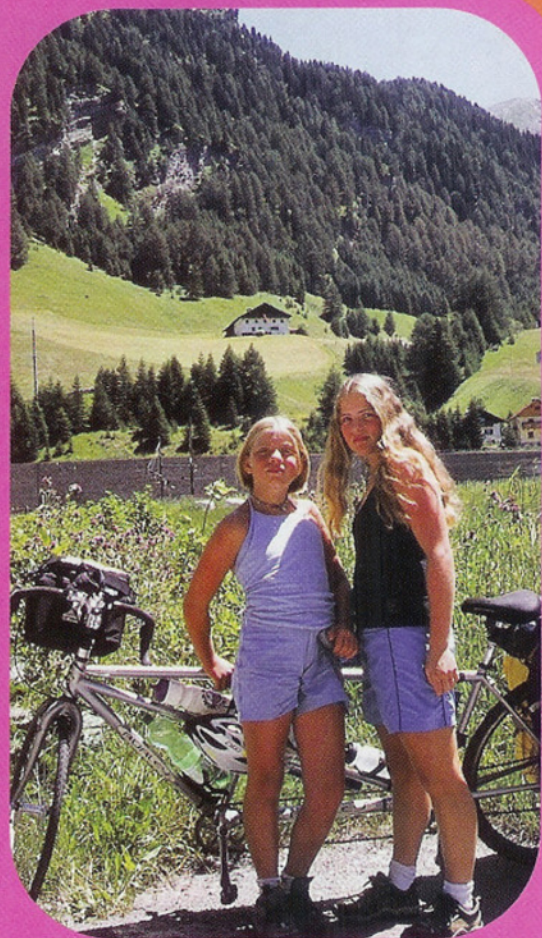
Bainbridge, Washington

pedaling for a cure: Anya and Yvonne's mother has had severe asthma since she was a toddler, which is why the family has devoted itself to raising money to help find a cure. "The medications don't cure you, they just make sure you don't get an attack," says Anya. The Ebers are outdoor enthusiasts, so they chose to do a fundraising bike ride around the world. All of the proceeds go to World Bike for Breath, a nonprofit organization that supports asthma research and treatment programs, especially in countries without the resources to provide proper care. "Kids in a lot of undeveloped countries die [without treatment]," Anya adds.

around the world in 20 months: In January 2003, the Ebers packed their bags, hopped on tandem bikes with signs advertising their cause and began a journey through 25 countries. "It's really fun to see all the cultures, meet people and see everything of the world," Yvonne says. While on their once-in-a-lifetime excursion, the girls raise awareness for asthma by speaking to the press. But they also have homework! They are being home-schooled while on their trip. "After a day of biking, we go into our tent and, with flashlights, do all this homework," Anya says.

closer to a goal: The family hopes to reach the \$5 million mark as they pedal down to the end of their journey in August. Half of the donations will be given to scientists fighting asthma and another portion is going toward an asthma clinic in Calcutta, India.

you can make a difference: Head over to BikeforBreath.com to find more information.



a thanksgiving gift